

CARIS HARINGEY

Charity Registration No. 1061577
Company Registered in England No. 3304699

Report and Unaudited Financial Statements
Year ended 31 March 2019

Shruti Soni FCCA FCIE
Shruti Soni Ltd
117A St Johns Hill
Sevenoaks TN13 3PE

CARIS HARINGEY

Status: Company Limited by Guarantee No.03304699
Charity Registration No.: 1061577

The Company's governing document is its Memorandum and Articles of Association dated 20 January 1997 as amended by special resolution dated 24 November 2016

Registered Office: St. Philip's Church
Philip Lane
London N15 4HJ
The Company does not have a separate principal office.

Trustees: Fr Simon Clark (Chair)
Fr James Hill
Sha-Kera King
Kevin Norris (appointed 7 March 2019)
Patrick Routley
Julie Singleton
Linda Turton (resigned 31 December 2018)

Secretary Gloria Saffrey-Powell
Hon Treasurer Yehen Jayasena

Independent examiner: Shruti Soni FCCA FCIE
Shruti Soni Ltd
117A St Johns Hill
Sevenoaks TN13 3PE

CARIS HARINGEY

Trustees' Report

For the year ended 31 March 2019

The trustees present their report and the financial statements for the year ended 31 March 2019. This is also a Directors' Report required by s417 of the Companies Act 2006 and all trustees are directors.

This Trustees Report and the associated Financial Statements have been prepared in accordance with guidance for preparing Charity Accounts and Reports presented in "Accounting and Reporting by Charities: Statement of Recommended Practice" and are therefore in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (effective 1 January 2015) – (Charities SORP FRS 102) together with The Companies Act 2006.

OBJECTIVES AND ACTIVITIES

The company's objects as set out in its Memorandum of Association are to:

Promote such charitable purposes for the benefit of the community within the London Borough of Haringey as shall be an expression of Christian social concern.

CARIS stands for Christian Action and Response In Society. A non-proselytising organisation, CARIS Haringey is committed to expressing God's love through social action. Our services are equally available to families of all faiths and none. CARIS has chosen to work in areas of social concern, concentrating on homeless families.

Our vision:

To empower homeless families in Haringey and to improve their welfare and enhance their quality of life.

Our mission:

- To reduce homelessness and improve housing conditions
- To improve the health of homeless families
- To improve the well-being of homeless families.
- To improve policies and practices affecting homelessness
- To increase independence and access to mainstream services
- To influence social policy affecting homeless people

CARIS continues to build on the key themes Vision, Values and Priorities as reflected in the organisation's

Business Plan: high quality services, financial security and promoting volunteering. It is this approach that ensures CARIS Haringey meets its duty of public benefit as defined by Charity Commission guidance. The charity's activities are supported and funded by: grants; contractual payments for services delivered through public-voluntary sector partnerships; collaboration with other voluntary sector bodies; donations; and volunteer support.

ORGANISATIONAL STRUCTURE

The Trustees who serving during part or whole of the year upto the date of the accounts are as shown on page 1. As set out in the Articles of Association, the Trustees have the power to appoint additional trustees. New Trustees are appointed by the existing Board, with the aim of maintaining a balance between those with voluntary sector experience, representatives of local churches and those with other skills and experience appropriate to CARIS'S activities. Trustees do not hold office for any fixed term. The Trustees meet regularly to manage and to review the activity and direction of the charity. There is a Staff Support Group, which also meets regularly and is chaired by a Trustee.

The directors are authorised by the Memorandum of Association to invest monies not immediately required for the company's own purpose in such investments, securities or property as they deem fit, subject to any conditions required by law.

CARIS HARINGEY

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For the year ended 31 March 2019

CARIS Haringey Staff:

Christina Burgess	Interim Director (until June 2018)
Gloria Saffrey-Powell	Director (Company Secretary)
Jane Young	Finance Officer/Administrator
Musau Jose Kalanda	Senior Advice & Outreach Worker (from October 2018)
Robel Tesfazion	Advice & Outreach Worker (from November 2018)
Rockhaya Sylla	Senior Advice & Outreach Worker
Sara Sandvall	Advice & Outreach Worker (until September 2018)
Tonya Mavri	Family Support Worker

CARIS Summer Playscheme Staff:

Anastasia Loucas	Andrew Foster
Calvin Cumiskey	David Williams
Ishah Harris	Jenny Loucas
Lara Simonot	Lennie Ifield
Vicky-Ann Pessoa	

The day to day operations of the charity are the responsibility of the Director, Gloria Saffrey-Powell. The Director is not a Trustee of the organisation. In her absence her duties have been undertaken by Christina Burgess our Interim Director.

CHAIR'S REPORT

On behalf of the Trustees of CARIS Haringey, I would like to commend this annual report to you. It has been a difficult year in the sector for funding but recent news from various trust sources has been optimistic.

We continue to approach the challenge of finding qualified staff and I would like to thank our existing staff for all their hard work in the past year. Much of our work could not take place without the generosity of funders and benefactors and I thank you all, on behalf of the charity and our users. Without your commitment and generosity we would not be able to undertake the work that we do with those who are most needy in our community.

I commend this report to you.

Father Simon Clark SSC
Chair of Trustees.
CARIS Haringey

DIRECTOR'S REPORT

"What counts in life is not the mere fact that we have lived. It is what difference we have made to the lives of others that will determine the significance of the life we lead...." Nelson Mandela.

During the year under review CARIS Haringey has maintained a clear focus on our core purpose and objectives to ensure we continue to respond and address new emerging needs of our service users. There has been a plethora of policies and economic environment changes both locally and nationally. Brexit, and the proposed changes in immigration status of EU Nationals, changes to the social housing sector and rental market continue to impact on homeless families and their ability to secure affordable and suitable accommodation.

We continue to deliver effective services through both our planned and responsive engagement with our partners. Importantly we have reviewed and consolidated our advice service and the support provided to destitute families. The wider economic environment, further cuts to local authority services and Brexit continue to cause many uncertainties regarding future funding and contracts. But we are confident that having strong partnerships, stakeholder support and a co-production approach will ensure CARIS's work remains relevant.

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Trustees' Report

For the year ended 31 March 2019

The Homelessness Reduction Act 2017 is now in force. Haringey borough, like many local authorities, has embraced the Act as having enabled a "more person-centred approach" in their response to people needing homelessness assistance. We are aware some clients have expressed frustration around the engagement of the Housing Need Officers and what is considered "self-help" and the local authorities "duty to refer" in the prevention and resolution of homelessness. With local authority resources stretched and depleting they are viewed as playing only a marginal, if any, role in preventing or alleviating homelessness. CARIS like many voluntary organisations is extremely concerned about the likely homelessness impacts of future welfare reforms already programmed to take effect over the next few years.

Haringey has the 2nd highest level of homelessness in the country: 1 in 29 people. There are around 3,000 families, over 5,000 children in Temporary Accommodation (TA) and 10,000 households on council housing waiting lists. 48% of households in TA have been affected by welfare reform and Universal Credit. There has also been a 45% reduction in the number of social housing lettings since 2011-12. Haringey borough has seen a significant rise in rough sleepers. The borough also has the highest acute psychiatric admission for homeless people in London.

The Homelessness Monitor: England 2019, a report of an independent study commissioned by Crisis, stated "The homelessness-specific progressive measures now being taken by this government must be viewed in this very sobering broader context of a prolonged decline in access to genuinely affordable housing for low-income households, and a much diminished welfare safety net that failed to protect around 1.5 million people in the UK from absolute destitution in 2017."

CARIS Haringey will continue to work with Haringey Council, voluntary and community groups to ensure Haringey's Homelessness Strategy and Delivery plan priorities continue to be addressed and implemented. We are confident that our staff and volunteers are able to meet future challenges and so continue to maintain stakeholders' confidence.

A highlight of 2019 was a special event at Buckingham Palace. The work of CARIS Haringey was recognised at a reception to celebrate the work of UK faith and belief groups in promoting community cohesion. Staff member, Jane Young, had the honour of representing CARIS and meeting Her Majesty the Queen.

We will keep delivering on our strategic objectives and continue to adapt and transform our services, to meet the changing needs of our clients, and secure income streams in an increasingly competitive funding environment.

We want to attract, develop and retain the best staff and volunteers and we continue to deliver on that commitment. I want to take this opportunity to thank our staff for their professionalism and determination. Thank you to our committed volunteers, individual donors, funders, churches, schools and partners who make up the CARIS family. We are excited for the year ahead and while we know we have much to do, I am confident that with the skills of our staff and the leadership of the Board we will continue to develop and make a difference to homeless families.

Gloria Saffrey
Director (Secretary)

ADVICE AND ADVOCACY

Issues affecting our clients continue to be homelessness, housing disrepairs, welfare benefits, transition to Universal Credit, Immigration and destitution. Many of our clients continue to experience discrimination or unfair treatment due to their limited English and vocabulary.

We continue to see many clients with No Recourse to Public Funds (NRPF). A person with no recourse to public funds cannot access benefits, homelessness assistance from the council and an allocation of social housing through the council's register. Many of the families we see with leave to remain in the UK have this restriction placed by the Home Office. Without access to welfare benefits, including in-work benefits, such as housing benefits and child tax credits, parents find it difficult to afford childcare and to pay housing cost e.g. rent, utilities; and buy food for their family. This may be particularly difficult for family members who are disabled and those with young children or pregnant. We continue to work with our partners to ensure the Local Authority considers this when assessing whether to provide families with section 17 support.

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For the year ended 31 March 2019

CARIS Advice Workers have successfully assisted 30 clients to make applications to the Home Office for change of conditions of their leave, to allow access to public funds. This has enabled families to apply for housing assistance to access to suitable accommodation, welfare benefits and free school meals.

In the year under review 276 families, which include 580 children, received appropriate advice, advocacy and appropriate sign-posting - such as specialist immigration, financial and debt advice - from CARIS Advice Workers. This represents a significant positive impact on extended families who often have to support clients during their time of crisis.

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The Homelessness Reduction Act (HRA) was introduced on the 3rd April 2018. With the increasing housing crisis in Haringey the HRA has not so far made any positive impact for clients seen at CARIS who have requested assistance in accessing housing, preventing and relieving homelessness. Many of the families who come for advice and advocacy continue to live in poor condition in Temporary Accommodation (TA). A number of families we have seen have resided in TA for more than 8 years, recently we have seen a family living in T/A for over 12 years. The shortage of social housing in Haringey borough and high private rental market is having a severe impact on families trying to secure suitable accommodation. Families are also facing difficulty accessing private sector accommodation as they are unable to provide rent guarantors and afford the large deposit. We are aware of families securing 1 or 2 bedrooms' properties which is overcrowded so they can remain in Haringey borough.

Universal Credit Full Service rolled out on the 24 October 2018. We are aware many families have had difficulties understanding these changes to their benefits and have been impacted by the waiting period. CARIS Advice Workers continued throughout the year to organise workshops and informative sessions which have been held in local schools, Children's Centres, CARIS Drop-in and during the Summer Playscheme. 100% of clients assisted to claim Universal Credit have been successful. This advice provision achieved positive outcomes resulting in maximising income for services users; the result was a gain of £317 840, which is a considerable amount.

Case study

Ms N. was referred to CARIS by a voluntary organisation. She was in need of advice regarding her multiple debts. Ms N was in rent arrears, had a bank loan of ten thousand pounds and unpaid credit card debt. She was unable to continue to pay her council tax and other overhead costs. Ms N was working part time job and had with three young children. She could not afford the cost of child care in order for her to increase her working hours.

Ms N had leave to remain with no recourse to public fund and therefore could not access benefits to top up her income. She was threatened with eviction by her landlord as she could no longer afford to pay her rent and the accruing arrears. CARIS Advice Worker assisted Ms N by making the application to lift her restrictions on Recourse to Public Fund which was successful. She was advised on her Welfare Benefit entitlement and assisted to claim Child Benefit, Income Support and Housing Benefit which were successful. We also requested for Council Tax Reduction which she received.

Ms N was evicted by her Landlord and was assisted by CARIS Advice Worker to make a homeless application to Haringey borough which was successful. Ms N has now been moved to a three-bedroom Temporary Accommodation suitable for the family needs.

CARIS Advice Worker also established a financial statement for the client and negotiated with Ms N creditors monthly instalment repayment and reduction of her debts.

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For the year ended 31 March 2019

Outreach

The Outreach Workers have continued to work closely with our partners whilst on outreach visits to identify and report problems in clients' accommodation. The main issues were housing in a very poor state of disrepair, health and safety concerns. Properties visited had infestations of mice, rat, cockroaches; damp/condensation, poor drainage of waste, pipes leak, mould on the walls etc. There were concerns on overcrowding and suitability.

Referrals

Our referrals continue to come mainly from social services, health visitors and other health professionals, voluntary organisations and local schools. We also had an increase in the number of self-referrals.

Trends/Concerns

CARIS Haringey is the only organisation in the borough assisting clients for free to make applications to lift the NRPF condition. We are aware this is a big issue as it keeps families living in poverty excluded from society. Overcrowding and suitability of accommodation for clients in temporary accommodation continue to be of concern. We continue to signpost clients to other organisation for specialist immigration law advice and representation.

Networking and Partnership Workshops

We continue to work in partnership with Haringey Migrant Support Centre (HMSC), Project 17, Unity Project and the London Destitution Forum. The advisors attended Project 17, NRPF & NELMA Quarterly Meeting with Haringey Social Services. We have also continued to partner with local schools and children centre to deliver workshops on financial management, debts and budgeting, Universal Credit, Help to Save Scheme; the 'Hostile Environment' and Brexit - including how to continue to live in the UK after Brexit.

The Advice Workers continued to attend regular meetings with the Department for Work and Pensions to highlight concerns on Universal Credit full service roll out and to discuss access to UC by vulnerable clients.

We have attended Haringey Voluntary and Community Sector Forum. The Forum aims to create a strong partnership between the Council and the Voluntary Community Sector, services users and members within the sector to deliver shared priorities. We aim to ensure homelessness remain high on the agenda of Haringey Council and the need for affordable housing continues to be addressed and our service users' voice is heard. Future plans will be to discuss community buildings. There is a high demand for spaces expressed by local voluntary organisations and high market rent organisation are expected to pay.

Training

The Advisors attended a number of training sessions in housing, Universal Credit, domestic violence and gender based violence, immigration and Brexit to keep abreast of legislative changes and changes to policies.

Quality Standards

CARIS continue to work to the required AQS and OISC Standards

Future Plans

Provide support to EU Nationals to remain in the UK after Brexit
Implementing Advocacy Support programme
Employment support and training

FAMILY SUPPORT

The Family Support Worker role is extremely varied. It has many strands to the work delivered; it involves working closely with families to provide emotional and practical support and provide advice to families in need and often in crisis. The Family Support Worker delivers a wide range of play based opportunities for early year's children through to teenagers where they can explore, grow, learn and develop and have fun. CARIS has continued to develop key partnerships with external agencies and work together in delivering both targeted and generic support services and advice through workshops and informal sessions. These include, positive parenting, child development, home and community safety, managing stress and mental health support. During the year under review the Family Support Worker had 85 clients on their file base.

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Drop in

We have continued to run our weekly drop-in stay and play session, working with our committed volunteers to plan and deliver early years' activities which promote the all-round development of children age 0-5 years. The drop-in service also acts as an informal time for parents to connect with one another and make friends which helps in reducing isolation. The drop in also provides a safe space for parents to discuss concerns around parenting and family life. Many parents have enjoyed these sessions and have been inspired to take their learning forward and implementing new approaches within their families. Some parents have also gone on to benefit from ongoing support where appropriate.

We continue to offer the toy library during the drop in session. 59 new families attended the drop in this year, and in total we had 846 contacts with children through this service in the period.

We are grateful to the commitment and passion of our volunteers without whom we would not be able to run our core services. Our volunteers consist of service users, former users, retired professionals (teachers and health professional) who give tirelessly to CARIS. The Family Support Worker works closely with the volunteers and service users to plan the children's activities and running of the drop-in sessions and coordinates team meetings to discuss the progress and planning of the activities being delivered. CARIS has also supported volunteers to access relevant training to support their personal and professional development.

Partnerships

Our work in partnership with several statutory and non-statutory organisations has ensured parents received the right guidance, expertise, skills and knowledge needed to support their parenting, health and wellbeing as well as fun learning. We have partnered with The Breastfeeding Network and as part of this partnership the Family Support Worker has trained and is now qualified to run support groups to assist breastfeeding mums.

During the year CARIS and The Breastfeeding Network were invited by Haringey council to have a stall at the parenting support marketplace event in February 2019. We were able to promote the work of CARIS while networking with other agencies. We have engaged with the Community Manager at Morrisons in Stamford Hill who are keen to have CARIS as their chosen charity and have provided CARIS with tinned goods, rice, pasta, toiletries, sanitary items and nappies to distribute to families who are struggling financially due to benefit delays due to changes in their circumstances, families who have had DWP sanctions and are destitute.

Also our partnership with Children Centres enabled CARIS to further deliver specific and targeted parenting workshops/sessions, including the 'I am' project which focussed on empowering women and promoting healthy relationships. 'I am' was a 10 week course in conjunction with a local children's centre and an agency called Choices. We also have had regular visits from Haringey Parents Champions and the Free for 2 programme which supports families in receiving free childcare. MIND in Haringey visited to talk with parents about their mental health.

Mobile Toy Library

CARIS mobile toy library continues to be a key platform in identifying families who may be in need of further CARIS support services such as housing, immigration and benefit advice and additional family support services. The toy library has a wide range of toys available such as jigsaw puzzles, construction toys, musical instruments, dressing-up clothes and outdoor play equipment. Our toys are chosen to help children under 5 learn and have fun through play. We also provide books, and educational games for older children who are new to Haringey Borough and waiting for school place. Working with local children's centres, a domestic violence agency, and community groups has enabled CARIS to widen the reach to families, to ensure they are able access services no longer provided by Children Centres or other statutory services. In this period 107 children benefitted from the mobile toy library.

Donations

CARIS has continued to receive and distribute food products to families who are in desperate need; particularly Haringey families with no recourse to public funds and destitute. We continue to receive referrals from children's centres, social services, schools and other professionals for support with food parcels. Our food parcel is put together with the individual family in mind for example ensuring there is enough food to match the size of the family and ensuring there is a balance of vegetables, fruit as well as fish/meat and pulses. Where possible we will try to meet the cultural needs of the families by distributing food that enables families to cook the dishes they enjoy eating. In addition to the food parcels we give families everyday essentials such as nappies, wipes, toiletries, cleaning equipment and sanitary goods.

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For the year ended 31 March 2019

Families have verbalised how important these basic things are and how helpful it is to be given these items in addition to the food. 76 different families were given food during this period, resulting in us providing 230 food parcels.

We continue to ensure pregnant women and families with babies receive support with baby products, baby clothes and larger items which have been donated such as pushchairs/prams, cots and Moses baskets. These items can be a huge cost to families on low (or no) income. We continue to provide clothing, and pieces of school uniform for children, also warm jackets during the winter months.

36 families were referred to CARIS for support with clothing during this period, resulting in us providing these families with 99 individual clothes donations. This number does not include individual families who arrive at drop-in requiring emergency support of clothes and other essential items.

All the equipment and articles of clothing we give out have been donated to CARIS by individuals, businesses, faith groups, churches and local community organisation. CARIS has focussed a lot on community engagement and increased our social media activity over the last year, this is reflected in the increase of donations and offers of support that CARIS now receive.

As a qualified early years specialist, it is important to keep up to date with new concepts and ways of working. Staff have continued to enhance their knowledge and professional skills to ensure they are able to develop and deliver appropriate training and support to CARIS service users. In the period under review the Family Support Worker has completed Designated Child Protection Officer qualification; communication passport workshop for children and families with additional needs; sensory behaviour; Level 2 food safety and hygiene course.

Future plans

The M.A.N project due to start in the summer 2019. CARIS aims to work closely with the local community to develop a network of positive male role models that will support the future generation.

Cooking club – a 6 week pilot was held in February 2019 which was well received by people who attended. The new round has been much anticipated our clients. Together we plan and cook dishes using ingredients that can be found in our food parcels.

Volunteers

CARIS is not just an organisation, it is a community of support for those in need, and our volunteers are at the heart of it. We would not be able to achieve all we do without their help. This year 1,493 hours were given by 54 volunteers and professionals from other organisations. A core team of regular volunteers supported us in all our activities including our drop-in, toy library and cooking club, as well as with office administration and sorting donations. Additional volunteers joined us during busy times such as the Summer Playscheme. Volunteers ranged in age from teenagers to retired people. Many are previous service users, wanting to help others experiencing challenges they themselves have faced. We are so grateful to them all.

ESOL

This year CARIS continued our partnership with the WEA to provide English for Speakers of Other Languages (ESOL) classes. Language barriers can inhibit social support networks, work prospects and result in isolation, impacting negatively on well-being and finance. This can affect children, slowing their development and education. The classes are popular and enable students to progress onto further courses, manage daily living commitments due to increased levels of communication, and engage with children's educational needs.

This year 14 students attended the entry level 1 course and 18 students attended the entry level 2/3 course.

Summer

For many years, CARIS Haringey has run a free Summer Playscheme for children and young people in temporary accommodation. The Summer Playscheme provides children with space to play, learn, make friends, develop new skills and grow in confidence. The feedback we receive clearly indicates the value of this experience, and the positive impact it has on children and families. The CARIS Playscheme has run for several years and we have seen many children through adolescence and into adulthood. We have been encouraged to see former playscheme users returning as volunteers to mentor and support others.

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For the year ended 31 March 2019

The theme for 2018 was 'Voyages of Discovery'. 294 children attended. Children had the opportunity to engage in a wide range of activities including sport, music, art, drama, photography, dance, and messy play. We also held workshops for parents on subjects including caring for disabled children, welfare benefits, Universal Credit, cooking and healthy eating, homelessness and poverty reduction, and the 'hostile environment' for migrants. A workshop on developing healthy relationships was organised specifically for teenage girls.

Workshops and activities were delivered by qualified paid session staff and professionals who volunteered their time. This included lecturers from a number of Universities and Colleges, as well as professional artists and musicians, and guests from Tottenham Hotspur Football Club. This was supported by a team of young volunteers (aged 13-18). We held popular day trips to Clacton-on-Sea, Walton-on-the-Naze and to the House of Illustration.

We are thankful to our funders for making this possible, and to all those who donated their time and expertise in support of the playscheme.

Christmas

Each year CARIS holds an annual appeal for gifts, so that we can share the joy of Christmas with families facing significant hardship. Once again, we were overwhelmed by the generosity of local churches, schools and individuals who donated toys, books, games and other treats which we were able to distribute to families in need. We were also able to provide food hampers for destitute families over the festive season.

We held a Christmas party for under 5s and a disco for 5-15 year olds. 112 children attended and all received a bag of brand new, age appropriate presents. Father Christmas helped us give out the gifts!

In addition, this year we also hosted a theatre company who put on a pantomime for our families, loosely based on Treasure Island. It was a great performance and a new experience for many of the children.

FINANCIAL REVIEW

The charity's income for year ended 31 March 2019 was £274,086 (2018: £208,570) of which £197,006 was restricted (2018: £161,078). The expenditure for the year was £247,847 (2018: £214,893) of which £189,372 was restricted (2018: £160,309) finishing the year with net income of £26,239 (2018: net expenditure £6,323).

RESERVES POLICY

Total charity funds at year end amounted to £68,346 (2018: £42,107) of which £24,735 (2018: £17,101) represented restricted funds.

The trustees have established a policy whereby the unrestricted funds should be between three and six months of their core committed costs, which equates to between £37,500 and £75,000 in general funds. At this level, the trustees feel that they would be able to continue the current activities of the charity in the event of a significant drop in funding. It would obviously be necessary to consider how the funding would be replaced or activities changed. At the end of this year the free reserves, which amount to £35,568 (2018: £13,748), have fallen below this target level and the trustees are considering ways in which unrestricted funds can be brought back to the midpoint of the desired range.

RISK REVIEW

Although SORP 2015 (FRS 102) does not require a formal risk assessment in the case of charities of the size of CARIS Haringey, the trustees have reviewed the major risks to which the charity is exposed and procedures have been implemented to minimise those risks. The key risk again identified during the financial year is external and relates to funding.

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For the year ended 31 March 2019

Significant progress continues to be made in the development of a funding strategy to diversify funding and address new areas of activity.

GOING CONCERN

The trustees are satisfied that the charity will continue to be a going concern for the foreseeable future.

Statement of Trustees' Responsibilities

The trustees (who are also directors of the charitable company for the purposes of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- a) select suitable accounting policies and apply them consistently;
- b) observe the methods and principles in the Charities SORP;
- c) make judgments and accounting estimates that are reasonable and prudent;
- d) state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- e) prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report, which has been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006, was approved by the Board on 28 Nov. 2019 and signed on its behalf.



Trustee

Name:

Sha-Kera King

Independent Examiner's Report to the Trustees of CARIS Haringey

I report on the financial statements of the company for the year ended 31 March 2019 as set out on pages 12 to 21.

Responsibilities and basis of report

As the charity's trustees of the Company (who are also the directors of the company for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act).

Independent examiner's statement

Since the company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of Association of Chartered Certified Accountant, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
2. the accounts do not accord with such records; or
3. the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the Charities SORP (FRS102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Shruti Soni FCCA FCIE

Shruti Soni Ltd • Chartered Certified Accountants
117A St Johns Hill, Sevenoaks TN13 3PL

Date: 02/12/2019

CARIS HARINGEY

Statement of financial activities (incorporating an income and expenditure account)

For the year ended 31 March 2019

	Note	Unrestricted £	Restricted £	2019 Total £	Unrestricted £	Restricted £	2018 Total £
Income from:							
Donations and legacies	2	73,473	153,006	226,479	47,492	117,078	164,570
Charitable activities							
Advice and Advocacy Support and Outreach Family Support	3	-	44,000	44,000	-	44,000	44,000
Investments		46	-	46	-	-	-
Other		3,561	-	3,561	-	-	-
Total income		77,080	197,006	274,086	47,492	161,078	208,570
Expenditure on:							
Raising funds	4	6,429	-	6,429	5,695	-	5,695
Charitable activities							
Summer playscheme	4	3,876	24,060	27,936	12,951	11,488	24,439
Advice and Advocacy Support and Outreach Family Support	4	48,171	165,312	213,483	35,938	148,821	184,759
Total expenditure		58,475	189,372	247,847	54,584	160,309	214,893
Net income / (expenditure) for the year	5	18,605	7,634	26,239	(7,092)	769	(6,323)
Transfers between funds		-	-	-	-	-	-
Net movement in funds		18,605	7,634	26,239	(7,092)	769	(6,323)
Reconciliation of funds:							
Total funds brought forward		25,006	17,101	42,107	32,098	16,332	48,430
Total funds carried forward	15	43,611	24,735	68,346	25,006	17,101	42,107

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in Note 15 to the financial statements.

CARIS HARINGEY

Balance sheet

As at 31 March 2019

Company no. 3304699

	Note	£	2019 £	2018 £
Fixed assets:				
Tangible assets	10		8,042	10,257
			8,042	10,257
Current assets:				
Stock	11	4,110		4,110
Debtors	12	3,550		3,430
Cash at bank and in hand		55,216		33,392
		62,876		40,932
Liabilities:				
Creditors: amounts falling due within one year	13	(2,572)	(9,082)	
Net current assets / (liabilities)			60,304	31,850
Total assets less current liabilities			68,346	42,107
Total net assets / (liabilities)	14		68,346	42,107
The funds of the charity:				
Restricted income funds			24,736	17,101
Unrestricted income funds:				
Designated funds		-	1,000	
General funds		43,611	24,006	
Total unrestricted funds			43,611	25,006
Total charity funds	15		68,346	42,107

For the year ending the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Trustees' Responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476
- The trustees acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements, which have been prepared in accordance with the special provisions relating to the small companies regime within Part 15 of the Companies Act 2006 and in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015), were approved by the Board on 28 Nov 2019 and signed on its behalf by:



Name: Sha-Kera King
Trustee

1 Accounting policies

a) Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy or note.

The charity is a company limited by guarantee (registered in England and Wales number 3304699) and has no share capital. The liability of each member in the event of winding up is limited to £1. Its registered address is St Philip's Church Philip Lane, London N15 4HJ

b) Public benefit entity

The charitable company meets the definition of a public benefit entity under FRS 102.

c) Going concern

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.

Key judgements that the charitable company has made which have a significant effect on the accounts include estimating value of donated goods and accruals.

The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

d) Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the income have been met, it is probable that the income will be received and that the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of the provision of a specified service is deferred until the criteria for income recognition are met.

e) Donations of gifts, services and facilities

On receipt, donated gifts, professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

f) Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

g) Fund accounting

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund.

Unrestricted funds are donations and other incoming resources received or generated for the charitable purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

1 Accounting policies (continued)**h) Expenditure and irrecoverable VAT**

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Costs of raising funds relate to the costs incurred by the charitable company in inducing third parties to make voluntary contributions to it, as well as the cost of any activities with a fundraising purpose
- Expenditure on charitable activities includes the costs of delivering services and activities undertaken to further the purposes of the charity and their associated support costs
- Other expenditure represents those items not falling into any other heading

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

i) Allocation of support costs

Resources expended are allocated to the particular activity where the cost relates directly to that activity. However, the cost of overall direction and administration of each activity, comprising the salary and overhead costs of the central function, is apportioned on the following basis which are an estimate, based on staff time, of the amount attributable to each activity.

● Summer playscheme	6%
● Advice and Family Support	90%
● Fundraising	3%

j) Operating leases

Rental charges are charged on a straight line basis over the term of the lease.

k) Tangible fixed assets

Items of equipment are capitalised where the purchase price exceeds £150. Depreciation costs are allocated to activities on the basis of the use of the related assets in those activities. Assets are reviewed for impairment if circumstances indicate their carrying value may exceed their net realisable value and value in use.

Depreciation is provided at rates calculated to write down the cost of each asset to its estimated residual value over its expected useful life. The depreciation rates in use are as follows:

● Office fixture and equipment	5 years
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l) Stocks

Donated items of stock, held for distribution or resale, are recognised at fair value which is the amount the charity would have been willing to pay for the items on the open market.

m) Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

n) Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account. Cash balances exclude any funds held on behalf of service users.

Notes to the financial statements

For the year ended 31 March 2019

1 Accounting policies (continued)

o) Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

p) Pensions

Pension contributions to employees' pension scheme is charged to Statement of Financial Activities when due.

2 Income from donations and legacies

	Unrestricted £	Restricted £	2019 total Total £	2018 Total £
Individual and church donations	32,577	-	32,577	21,026
Grants from Trusts and Foundations	-	153,006	153,006	117,078
Donated goods	40,896	-	40,896	26,466
	<u>73,473</u>	<u>153,006</u>	<u>226,479</u>	<u>164,570</u>

Donations from churches includes £2,500 from St Michael's Church, Highgate and £1,000 from St Ann's Church, Tottenham.

3 Income from charitable activities

	Unrestricted £	Restricted £	2019 Total £	2018 Total £
Advice and Family Support LBH (Children's Centre Services)	-	44,000	44,000	44,000
Sub-total for Advice and Family Support	-	44,000	44,000	44,000
Total income from charitable activities	-	44,000	44,000	44,000

CARIS HARINGEY

Notes to the financial statements

For the year ended 31 March 2019

4 Analysis of expenditure

	Cost of raising funds £	Charitable activities			2019 Total £	2018 Total £
		Summer Playscheme £	Family Support £	Advice and Support £		
Staff costs (Note 6)	4,678	20,015	111,744	12,005	148,442	145,783
Rent	258	450	13,710	7,034	21,451	16,941
Office Costs	120	-	9,120	58	9,298	7,158
Travel and excursions	319	2,922	587	2,835	6,664	4,619
Depreciation	-	-	-	2,215	2,215	1,967
Other direct costs, insurance and utilities	217	4,549	4,588	3,761	13,114	7,977
Donated goods	-	-	41,181	-	41,181	26,466
	5,592	27,936	180,930	27,909	242,366	210,912
Support costs	837	-	27,072	(27,909)	-	-
Governance costs	-	-	5,481	-	5,481	3,981
Total expenditure 2019	6,429	27,936	213,483	-	247,847	214,893
Total expenditure 2018	5,695	24,439	184,759	-	214,893	

Of the total expenditure, £58,475 was unrestricted (2018: £54,584) and £189,372 was restricted (2018: £160,309).

5 Net incoming resources for the year

This is stated after charging / crediting:

	2019	2018
	£	£
Depreciation	2,215	1,967
Independent examiner's fee	1,440	3,900
Operating lease rentals:		
Property	21,451	16,941
	21,451	16,941

6 Analysis of staff costs, trustee remuneration and expenses, and the cost of key management personnel

Staff costs were as follows:

	2019	2018
	£	£
Salaries and wages	121,574	110,078
Social security costs	6,976	6,609
Employer's contribution to defined contribution pension schemes	5,964	-
Other staff costs	13,928	24,331
	148,442	141,018

No employee earned more than £60,000 during the year (2018: nil).

The total employee benefits including pension contributions of the key management personnel were £43,894 (2018: £32,628).

The charity trustees were not paid or received any other benefits from employment with the charity in the year (2019: £nil).

No charity trustee received payment for professional or other services supplied to the charity (2018: £nil).

No Trustees are made payments or reimbursement of travel and subsistence costs totalling during the year (2018: nil).

7 Staff numbers

The average number of employees (head count based on number of staff employed) during the year was as follows:

	2019	2018
	No.	No.
Charitable activities	6.0	6.0
	6.0	6.0

8 Related party transactions

There are no related party transactions to disclose for 2019 (2018: none).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

CARIS HARINGEY

Notes to the financial statements

For the year ended 31 March 2019

9 Taxation

The charitable company is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

10 Tangible fixed assets

	Office fixture and equipment £	Total £
Cost or valuation		
At the start of the year	34,956	34,956
At the end of the year	34,956	34,956
Depreciation		
At the start of the year	24,699	24,699
Charge for the year	2,215	2,215
At the end of the year	26,914	26,914
Net book value		
At the end of the year	8,042	8,042
At the start of the year	10,257	10,257
All of the above assets are used for charitable purposes.		

11 Stock

	2019 £	2018 £
Donated clothing and other items for distribution	4,110	4,110
	4,110	4,110

12 Debtors

	2019 £	2018 £
Prepayments	-	3,430
Accrued income	3,550	-
	3,550	3,430

13 Creditors: amounts falling due within one year

	2019 £	2018 £
Trade creditors	1,132	9,082
Accruals	1,440	-
	2,572	9,082

14 Analysis of net assets between funds at the end of year - 31 March 2019

	General unrestricted	Designated	Restricted	Total funds
	£	£	£	£
Tangible fixed assets	8,042	-	-	8,042
Net current assets	35,568	-	24,736	60,304
Net assets at the end of the year	43,610	-	24,736	68,346

Analysis of net assets between funds at the start of year - 1 April 2018

	General £	Designated £	Restricted £	Total funds £
Tangible fixed assets	10,257	-	-	10,257
Net current assets	13,748	1,000	17,102	31,850
Net assets at the end of the year	24,005	1,000	17,102	42,107

15 Movements in funds during the year - 2019

	At the start of the year £	Incoming resources & gains £	Outgoing resources & losses £	Transfers £	At the end of the year £
Restricted funds:					
Summer playscheme					
BBC Children In Need	4,712	14,200	(14,544)	-	4,368
Hornsey Parochial Charities	-	3,516	(3,516)	-	-
Wednesday's Child	-	2,000	(2,000)	-	-
Tottenham Grammar School Foundation	-	4,000	(4,000)	-	-
Advice and Advocacy Support and Outreach Family Support					
L. B. Haringey (Childrens Centre Services)	-	44,000	(44,000)	-	-
Tudor Trust	-	30,000	(20,000)	-	10,000
Frontline Homeless	-	10,000	(10,000)	-	-
Garfield Weston Foundation	-	10,000	(10,000)	-	-
Woodward Trust	-	1,000	(435)	-	565
Big Lottery Fund	12,389	78,290	(80,877)	-	9,802
Total restricted funds	17,102	197,006	(189,372)	-	24,736
Unrestricted funds:					
Designated funds:					
New premises	1,000	-	-	(1,000)	-
Total designated funds	1,000	-	-	(1,000)	-
General funds	24,006	77,080	(58,475)	1,000	43,611
Total unrestricted funds	25,006	77,080	(58,475)	-	43,611
Total funds	42,107	274,086	(247,847)	-	68,346

CARIS HARINGEY

Notes to the financial statements

For the year ended 31 March 2019

15 Movements in funds during previous year - 2018

	At the start of £	Incoming £	Outgoing £	Transfers £	At the end £
Restricted funds:					
Summer playscheme					
BBC Children In Need	-	14,200	(9,488)	-	4,712
Wednesday's Child	-	2,000	(2,000)	-	-
Advice and Advocacy Support and Outreach Family Support					
L. B. Haringey (Childrens Centre Services)	-	44,000	(44,000)	-	-
Big Lottery Fund	5,918	75,563	(69,092)	-	12,389
Porticus	10,414	-	(10,414)	-	-
Evening Standard Dispossessed Fund	-	19,815	(19,815)	-	-
3FF Award	-	500	(500)	-	-
EECF HAVCO legacy fund	-	5,000	(5,000)	-	-
Total restricted funds	16,332	161,078	(160,309)	-	17,101
Unrestricted funds:					
Designated funds:					
New premises	1,000	-	-	-	1,000
Total designated funds	1,000	-	-	-	1,000
General funds	31,098	47,492	(54,584)	-	24,006
Total unrestricted funds	32,098	47,492	(54,584)	-	25,006
Total funds	48,430	208,570	(214,893)	-	42,107

16 Operating lease commitments

The charity's total future minimum lease payments under non-cancellable operating leases is as follows for each of the

	Property	
	2019 £	2018 £
Less than one year	11,000	10,000
	11,000	10,000

17 Legal status of the charity

The charity is a company limited by guarantee and has no share capital. The liability of each member in the event of winding up is limited to £1.